different spheres of life. Every human undergoes constant external interactions. Other people’s activities trigger particular reactions on the part of an individual.

One of the primary human rights guaranteed by all the European Union countries is the equality of men and women during their vocational education and advancement, working conditions as well as functioning in the job market. It is also necessary to enable women to reconcile their private, family and professional life as well as to increasingly engage men in the process of looking after children (Report on equality between women and men, 2005, p. 13). For this purpose, specific measures ought to be undertaken. There is a need to spread the knowledge of sexual stereotype mechanisms and their consequences, hindering to a great extend the functioning of both men and women in society, family and the labour market. It is certain that every human being would like to have a clearly defined identity, free of any generalisations and schedules. Developing a positive attitude of young people to themselves and to each other as well as towards the surrounding reality, high self-esteem and respect for the opposite sex are thus of the utmost importance. In fact, contemporary women are often employed in executive posts proving that the difficulties and obstacles appearing on their way to professional advancement are possible to overcome. However hard it may seem, it is becoming more and more likely for women to pursue their careers and get upper managerial positions. Lots of various ways full of impediments might lead to one aim. Not all women are able to get through, but there are also some of them who succeed due to their abilities or mere luck. Whatever the reason, however, it should always be acknowledged as their great achievement, which used to be unattainable not so long before.

References