Evaluation of General Motor Performance in Older School Age Pupils with a Moderate Mental Disability

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Abstract
The authors of the contribution deal with evaluation of general motor performance in older school age pupils with a moderate mental disability. The aim of the research was to find out differences in the general motor performance between mentally disabled pupils and non-disabled pupils. The research sample consisted of 100 pupils aged 13 to 15. They included 25 boys and 25 girls with a moderate mental disability and 25 boys and 25 girls without a mental disability. To evaluate the general motor performance, the European test of motor performance Eurofit Special was used, modified for the needs of mentally disabled persons by Jean-Claude de Potter (1996). The research confirmed that the general motor performance of the youth with a moderate mental disability was statistically significantly lower than that of their non-disabled peers.

Keywords: motor performance, mentally disabled pupils, Eurofit Special test battery

Introduction
Persons with a moderate mental disability have a reduced perceptual ability. They perceive concrete features while not being able to distinguish substantial from unsubstantial. They manifest also difficulties with voluntary attention. However, they concentrate well on the performance of simple mechanical actions and observation of interesting objects. What is prevailing is involuntary attention. Such