Students’ Emotional State and Educational Efficiency: Temptations of Modern Education

Abstract

While searching for the ways of enhancing students’ educational efficiency, the authors set the framework for the issue from two perspectives – educational and emotional, stressing the existence of a strong interdependence between emotional and cognitive ones. The focus of study is students’ perception of educational processes, the emotional states they demonstrate and their interdependence. For the purpose of this research a battery of questionnaires was constructed and the results have shown that students’ emotional states greatly influence their perception of educational efficiency. Based on these results, the recommendation on modifying the management of educational processes is that students’ emotional states should not be excluded from the equation of a successful education. The factors that shape the emotional context of learning should be taken into account.

Keywords: education, educational efficiency, perception, emotional status

Introduction

Speaking of university in the modern, constantly mutating world, Federico Major says: “If it is true that the acceleration of history disturbs our benchmarks, challenging heavily our ability of adjustment, at the same time filling us with hope and anxiety, we are still living in the era that offers a wide range of possibilities, provided that we escape the entrenchment in the institutional,