The New Ways of Upbringing: Contemporary Trends in Social Rehabilitation. Searching for Effective Methods Influencing the Socially Maladjusted

Abstract

The paper is a report on the pilot research on socially maladjusted boys, which led to the development of a questionnaire to test their thinking and designate its factors. The starting point of the proposal is the theory of G. D. Walters and his thesis for the criminal mind. A similar project has not been conducted in Poland so far, it is an innovative test, completely adapted to the circumstances and cultural characteristics of minors in Poland. The article shows the importance of this project for working with minors and the possibility of changes that can be achieved in this way.

Introduction

Rehabilitation is a process of changes in the area of human personality. The main pillars of this process include: child care, therapy and education. The overall objective of this process is to eliminate or reduce the manifestations of social maladjustment in people to whom it is addressed. The reintegration process is very complex, and its effect depends on many factors. This rehabilitation may apply to adults and minors whose susceptibility to positive changes is assessed above. Educational activities conducted in a group of socially maladjusted minors whose personality formation process has not yet been completed have a chance to bring a more durable and faster change. Therefore, theoretically speaking, the rehabilitation of minors should be a process easier and faster than that of adults and should bring more durable change (Machel, 2003, p. 20). Practice, however, shows that the