school administrator should help the administrator to understand and to accept problems and to discover solutions. Such an education should provide not learned helplessness but learned powerfulness. Because positive management is a kind of thought that does not accept negativity, that believes that in every condition there is something good that affects human life positively. The dominant negative theories related to human behaviors and motivations in organizations should be replaced by the management based on positive power which is focused on activating all the potentials of human, social and psychological capital. We believe that positive psychological capital management, all over the world, bringing the productive, ethic and continual conclusions to light can efficiently use the ability, power and capacity of the human being and can finalize it with a competitive advantage. That to be able to look at any negative or not clearly visible situation with a positive point of view and try to find a way for solution should not mean to take action without thinking of the events with its all sides.

In summary, the issue that positive thought has got a positive effect on the mental and physical health of man is indisputable. Besides, beyond the studies which are mostly about the disturbance of health, it is understandable that having studied the positive features of man will contribute to his development. We can say that work towards the understanding of the importance of positive psychology and positive thought and towards decreasing individual and social circumstances that prevent positive thought and providing people with individual and social conditions for the circumstance of positive thought should be done.

To sum up, positive feelings are so important for human beings to exist. There are some features such as hope, love, amusement and confidence and they come from birth and these features give us the strength to struggle with the difficulties that we come across during our life. These are the main structures of existence and if a person has these features, he/she can face difficulties more calmly. To be able to notice and understand the things that add value to life will be very easy with a positive point of view.

Bibliography
